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ROCKET OVER SAN DIEGO

The launch of a Space X Falcon 9 rocket at about 8:45 p.m. Sunday, June 23 from Vandenberg Space Force Base in Santa Barbara produced this unusually long trail in the skies over San Diego as it headed in a southerly direction before disappearing from view. The rocket carried 20 Starlink satellites including 13 with Direct to Cell capabilities to low-Earth orbit. Peninsula Beacon photographer Scott Hopkins captured this image of the rocket's trail from his home using an iPhone 13 Proax. Exposure was 18 mm. for 1/4 second at f/1.8 handheld.

SCOTT HOPKINS/PENINSULA BEACON

Point Loma High grad makes Olympic skateboarding team

By SCOTT HOPKINS | The Beacon

A recent Point Loma High graduate is living his dream as a member of the United States Olympic team at this year's games in Paris.

Tate Carew, 19, will wear the USA uniform when the event begins on July 24 and compete in the park skateboarding event set for Aug. 7 with prelims at 3:30 a.m. San Diego time and finals at 8:30 a.m.

This event takes place on a varied course combining bowls and numerous bends, which are used by athletes to gather speed that allows them to perform tricks mid-air. Contestants are judged by the height and speed of the tricks they display during jumps as well as the capacity to use the entire surface and all obstacles. Each athlete is

given three 45-second runs with the best score recorded.

"I have no idea what to expect for Paris, but I think it's going to be the best contest, park-wise, that we've seen in a long time," Carew said. "I'm very excited."

The road to Paris was a bumpy one for Carew.

It was famed rider Tony Hawk who encouraged Carew after he won a bronze medal at the 2023 World Championships. Carew ended up flying twice to Australia over the past 10 months, eventually meeting good friend and reigning gold medalist Keegan Palmer. Working with Hawk and Palmer put Carew in the mental place to shine at the recent Olympic Qualifying Series (OCS).



Point Loma High graduate Tate Carew soars high during a park skateboard competition in Dubai. PHOTO BY BRYCE KNIGHTS

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New mural at Liberty Station by Mexican American artist Panca to highlight the vibrancy of San Diego

The NTC Foundation announced the selection and upcoming installation of the newest art piece for its Installations at the Station program, located between The Lot and the Dorothea Laub Music and Arts Center (Building 176) in Arts District Liberty Station.

Managed by the Art in Public Places Committee (AiPP), the Installations at the Station program consistently brings captivating artworks and installations to the community, featuring works from local artists in the San Diego-Baja region.

San Diego-based Mexican American artist, Paola Villaseñor, aka Panca, was selected for her installation titled "No Soy Marinero, Soy Capitan," which will highlight the vibrancy of San Diego culture and life.

"We are so excited to be continuing our Installations at the Station program into 2024 and welcoming Panca into the Arts District Liberty Station community," said Lisa Johnson, president and CEO of the NTC Foundation. "Panca's vision to illuminate San Diego's rich culture and all the marvels of our surrounding environment is the perfect way to pay homage to this wonderful city. Panca is an incredibly talented artist and we can't wait to showcase her work in Arts District."

Born in the United States to Mexican parents, Panca is a first-generation artist based in Tijuana, Mexico. With expertise spanning illustration, painting, murals, and installations, she has cultivated over a decade of artistic experience in both Mexico and the United States. Through her art, Panca seamlessly weaves together the cultural richness of her dual heritage, drawing inspiration from personal experiences, emotions, and nostalgia to create symbolic and reminiscent works.

Having long admired the works of fellow artists who have contributed to the Arts District Liberty Station, Panca is thrilled to leave her mark as one of the selected artists for the Installations at the Station program. Her upcoming project will capture



Paola Villaseñor, aka Panca, was selected for her installation titled 'No Soy Marinero, Soy Capitan.' CONTRIBUTED PHOTO

the essence of San Diego's culture and lifestyle through a large wrap-around mural that celebrates the beauty and wonders of the city.

The mural will depict the quintessential San Diego summer day, showcasing elements such as breathtaking seascapes, radiant sunshine, and the rugged desert mountains surrounding the city. Bursting with color and vibrancy, Panca's installation promises to be a dynamic homage to the city's unique charm, vividly expressed through her distinctive use of color and artistic style.

This July, stop by Arts District Liberty Station to witness the captivating evolution of Panca's mural as it unfolds over several

weeks. The community is invited to come out for a community painting day and lend a helping hand to Panca as she completes her mural from 1-4 p.m. on Saturday, July 13.

Visitors will have the chance to get hands-on with art and add their unique touch to her vibrant mural that will become a permanent fixture in the Arts District Liberty Station. Artists of all skill levels are encouraged to participate and are advised to wear clothing they don't mind getting a little paint on. Come celebrate the blending of history, culture, and artistic expression with us, and take part in this extraordinary opportunity to be part of the journey.

Point Loma native writes debut book about family secrets

By DAVE SCHWAB | The Beacon

Prosecutor-turned-author Debbie Russell has written her first book, "Crossing Fifty-One: Not Quite a Memoir," about uncovering skeletons in her family's closet.

Point Loma native Russell's story grew from letters she discovered after the death of her grandfather, Dr. Ralph Russell, a prominent San Diego doctor who lived in Loma Portal in the 1950s. In it, she reveals she learned that Dr. Russell risked everything to voluntarily enter a locked federal drug-treatment facility (one of only two nationwide then) known as a "narcotic farm" for addiction to Demerol, barbiturates, and Morphine Sulphate.

Russell splits time between Minneapolis, Minn., and Point Loma where she still has family residing. "Crossing Fifty-One: Not Quite a Memoir" was released by Koehler Books in paperback selling for \$19.95.

Of her introduction to novel writing, Russell said: "I was one of those people, a criminal prosecutor, who was living a life where people would frequently say to me, 'You need to write a book.' This book started off like a research project because of this file folder of letters I found of my grandfather's. It was so fascinating, so compelling."

Russell came into possession of the revealing letters about "family matters passed down through the generations" in a box given to her

by her parents after they vacated the home she grew up in. "I don't recall what prompted me to find those letters in my basement," she said. "I may have been looking for something when I opened that file folder with a rubber band around it. I pulled it out and among the first items was this letter from my grandfather and his I.D. card from when he went into this (drug rehab) facility."

Russell expressed shock finding out this deep dark family secret about a relation that, apparently, no one knew had gone through substance-abuse treatment in a locked facility, which people took a much dimmer view of in that time period.

Read more online at sdnews.com



SUDOKU PUZZLE

Fill in the blank cells using number 1 to 9. Each number can appear only once in each row column and 3x3 block. Use logic and process elimination to solve the puzzle.

	2		6				4	5
						8	2	
			5	2				
	8	9	7					1
			1				7	
7		4	9					
		2						8
	4			6	1			7
				3		6	1	

CROSSWORD PUZZLE

1	2	3	4	5	6	7		8	9	10	11	12	
13									14				
15							16	17	18			19	
20						21					22		
23						24				25			
26			27	28	29				30				
			31						32				
			33						34				
35	36	37					38						
39						40					41	42	43
44					45						46		
47				48							49		
50			51						52	53	54		
55		56							57				
58									59				

- CLUES ACROSS**
- 1. Book size
 - 8. Indonesian Island
 - 13. "The Sopranos" character
 - 14. Plants often found in stews
 - 15. Stern
 - 19. Atomic #52
 - 20. Often seen after a company name
 - 21. Silk garments
 - 22. Inhibiting hormone (abbr.)
 - 23. Type of beer
 - 24. Margarine
 - 25. Throw lightly
 - 26. Explains again
 - 30. Raccoon-like animal
 - 31. Sneaker parts
 - 32. Platforms
 - 33. Scored perfectly
 - 34. One's essence
 - 35. Strikes with a firm blow
 - 38. Makes tractors
 - 39. Music term
 - 40. Lack of energy
 - 44. Vestments
 - 45. ___ and feathers
 - 46. Total
 - 47. Gobbler
 - 48. One with Japanese immigrant parents
 - 49. Type of braking system (abbr.)
 - 50. Home of Rudy Flyer
 - 51. Manageable
 - 55. Lugged
 - 57. Irritated
 - 58. Sea eagles
 - 59. Warm seasons

- CLUES DOWN**
- 1. About visual sense
 - 2. Part of a horse's saddle
 - 3. In a way, interchanged
 - 4. Rocker's accessory
 - 5. Very important person
 - 6. It precedes two
 - 7. Flavored
 - 8. Musical notes
 - 9. String instrument (slang)
 - 10. Mister
 - 11. Fine, light linen fabric
 - 12. Absence of bacteria
 - 16. Discounts
 - 17. Area units
 - 18. A description of one's life
 - 22. Gazelles
 - 25. Plumbing fixture
 - 27. Makes especially happy
 - 28. One side of something many-sided
 - 29. Frosts
 - 30. Defunct monetary unit of Guinea
 - 32. Female animal species
 - 34. School terms
 - 35. Written law
 - 36. Unpleasant aroma
 - 37. Nuclear weapon
 - 38. One who challenges
 - 40. Opposite of first
 - 41. Able to be utilized
 - 42. Less interesting
 - 43. Implants
 - 45. Canister
 - 48. Gestures
 - 51. After B
 - 52. Romanion monetary unit
 - 53. Long-term memory
 - 54. Cash machine
 - 56. The Volunteer State

S	H	E	M	W	U	S		S	E	N	H	E
D	E	L	T	T	E	N		D	E	O	T	
E	L	B	L	A	V	L	O	R	T	N	O	C
B	L	A		I	E	S	I	N	S	M	O	T
M	U	E		S	H	R	A	V	A	L	O	T
			I	S	S	V	L	V	T	V		
			R	E	R	E	D	E	S	E	M	S
			U	L	O	S		A	V	C	V	
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I	T	A	V	C		S	N	I	F	E	D	R
S	S	O	T	O	E	L	O		E	L	V	
I	P	G		S	I	R	V	S		T	D	
T	E		L	E	S	A	V	A	P	P	L	U
S	A	R	K		E	N	I	M	V	C	A	
B	A				S	O		A	V	O	C	T

4	1	9	6	3	2	7	5	8
7	5	2	1	9	8	3	4	6
8	3	9	5	7	4	2	1	6
2	8	3	9	5	6	9	4	7
9	7	9	4	2	8	1	6	3
6	1	9	6	1	8	7	4	3
3	9	6	1	4	2	5	8	7
6	2	8	7	8	1	7	3	5
4	9	5	3	1	7	8	6	2
5	7	4	8	9	6	1	6	3